

## Khatta Mitha Mix Product Details

Net Weight: 400g (14.11oz)

Nutrition Facts		
Serving Size: 28.35g (1oz)		14 servings per pack
Amount per serving		% DV*
Calories	140	
Total Fat	6g	9%
Saturated Fat	3g	13%
Trans Fat	<0.1g	
Cholesterol	<0.1mg	<0.1%
Sodium	135mg	6%
Total Carbohydrate	17g	6%
Dietary Fibre	2g	8%
Total Sugars	3g	
Added Sugars	2g	4%
Protein	4g	
Vitamin D		0%
Calcium		4%
Iron		5%
Potassium		3%
*The % Daily Value (DV) tells you how much a nutrient serving of food contributes to a daily diet. For general nutrition advice, 2000 calories a day is used.		

Ingredients	
Edible Vegetable Oil (Palm Olein) (22%), Chickpea Flour (13%), Roasted Peanut (11%), Rice Flakes (11%), Chickpea Splits (10%), Corn Flakes (9%), Sugar (9%), Red Lentils (6%), Sago Balls (4%), (Rice Flour, Iodised Salt, Black Salt, Acidity Regulator [E330]) (1%)	
Spices & Condiments (Curry Leaves, Turmeric, Fennel, Pepper, Dry Mango, Carom Seeds, Cumin, <b>Chilli</b> [0.1%], Ginger, Clove, Cinnamon, Cardamom, Nutmeg, Bay Leaves)	4%

Nutrition Information	
Typical Value (approx.)	per 100g
Energy	2023 KJ/484 kcal
Fat	20.3g
of which Saturates	8g
Carbohydrates	61.4g
of which Sugar	10.3g
Sodium	480mg
Fibre	6.6g
Protein	13.8g
Salt	1.2g

### Allergen Advice:

The product is made in a facility that processes Peanut, Tree Nuts, Soya, Sesame Seeds and Cereals